



April 1, 2011

Insightful Thoughts

By Yu-Chen Chi

www.newheightspartners.com ycchi@newheightspartnes.com

"It takes a deep commitment to change and an even deeper commitment to grow."

Author: Ralph Ellison

Growth Growth

A. Growth requires resources

Since our lives are conditioned by others, we need help from people who have the knowledge and experience to guide us and help us, because the discovery process acquires fresh knowledge, time and resources.

B. Growth requires nurturing

When we plant a seed, the seed needs soil, nutrients, water, and light to grow. The same applies to us - we need to nurture our soul, our mind and our body in order to grow into a desirable state.

C. Growth requires learning

Growth requires constant learning and learning means to change certain behaviors. The learning process for personal growth enhances our natural abilities and helps us avoid barriers.

All living things must grow. We may grow stronger, grow weaker, grow better, and we all grow older.

Whether we like it or not, we must grow. Fortunately, there are people who seek and plan to grow better.

Personal growth can be defined as a process of re-formation. Throughout the re-formation process, the most important realization as an individual is to understand our true self.

When you turn your thoughts within ("find yourself"), you will begin to have improved flow (progress) in life. Is it time for you to find your flow before it is too late?



How are you planning your growth in this changing era?

Please contact New Heights Partners @ 630 983 1663