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Insightful Thoughts By Yu-Chen Chi

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"It was character that got us out of bed, commitment that moved us into action, and discipline that enabled us to follow through."

- - - Zig Ziglar (American motivational Speaker and Author.)

COMMITMENT is recognized as one of the most important single factors in individual success. Commitment ignites action. To commit means to devote ourselves to a certain action with purpose. In order to fulfill our commitment, we must practice our beliefs, follow through on our responsibilities and live by our defined values, consistently.

There's a difference between passion and commitment. Passion is interested in doing something under a given circumstance and it might fade away. When we are committed to do something, we accept any consequences and follow through with conviction, drive for results.

Commitment

Commitment is interaction dominated by obligations. These obligations may be mutual or self-imposed. A commitment is often made between a member of an organization and the organization: (such as a sporting team, a religious group, or a company, etc.)

A personal commitment is a promise made to one-self for personal growth.

Our <u>next issue</u> will talk about how to practice commitments.



Have you thought of how to improve your commitments?

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